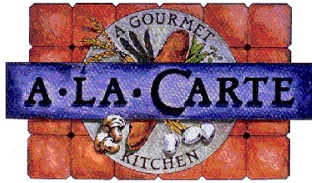


# A La Carte's Fresh Salads



## Green Salads

**Mixed Baby Greens:** \$7.95 serving with the following options:

- Crispy onions, cherry tomatoes, blue cheese & homemade croutons
- Tart green apple, blue cheese & caramelized walnuts
- Cherry tomatoes, artichokes, & asiago cheese
- Dried cranberries, pecans & goat cheese
- Avocado, red onion & cherry tomatoes
- Grapes, goat cheese, & pine nuts
- Cucumber, tomato, red onion & feta cheese
- Fresh berries, toasted walnuts & goat cheese
- Orange pieces, snap peas and crispy wasabi peas
- Roasted Corn, red pepper, chile roasted pecans & goat cheese

**Dressing Selection:**  
 Balsamic Vinaigrette  
 Soy Buttermilk  
 Citrus Vinaigrette  
 Red Wine Vinaigrette  
 Chipotle-Maple Vinaigrette  
 Dijon Vinaigrette  
 Cilantro-Lime Vinaigrette

**Caesar Salad** \$7.95 serving  
**With grilled chicken** \$7.95 serving  
 With romaine, cherry tomatoes, parmesan & homemade croutons in our famous tangy Caesar dressing

**Spinach Salad** \$7.95 serving  
 With mushrooms, bacon, red onions, asiago cheese and our special balsamic vinaigrette

**Tuna Nicoise Salad** \$8.95 serving  
 Beautifully composed with white albacore tuna, blanched green beans, new potatoes, tomatoes, hard boiled eggs & citrus vinaigrette

**Cobb Salad** \$8.95 serving  
 Composed with grilled chicken, avocado, blue cheese, eggs, bacon, red onions & blue cheese vinaigrette

## Hand Tossed Salads

### Pasta Salads:

- Caesar Pasta Salad
- Spinach Lemon Pesto Pasta
- Greek Orzo
- Sesame Noodles
- Mediterranean Tuna & Pasta
- Balsamic Bowtie
- Thai Grilled Beef & Noodles
- Curried Couscous
- Garden Couscous with yellow split peas
- Tex-Mex Tabbouleh

### Vegetable Salads:

- Chilled Asparagus with lemon or orange ginger vinaigrette
- Garden Vegetable Salad
- Gingered Cole Slaw
- Roasted Corn & Black Bean
- Mustard Dill Green Beans
- Potato Salad Provencal
- Classic Dijon Potato Salad
- Greek Cucumber Salad
- Cherry Tomato & Fresh Mozzarella "Caprese" salad
- Pickled Beets
- Shanghai Broccoli Salad

### Chicken Salads:

- Herb Tarragon Chicken
- California Chicken
- Curried Chicken
- Basil Parmesan Chicken
- Dijon Grape & Almond Chicken
- Grilled Chicken & Lemongrass Pasta
- Chicken Salad Nicoise
- Dijon Chicken Salad

**Please note:**

\*Some of these salads contain seasonal items and may not be available year round.

\*Minimum order for special order salads not on weekly store menu.